

**TOGETHER
MIDDLESBROUGH
& CLEVELAND** ⊕

A JOINT VENTURE BETWEEN
THE DIOCESE OF YORK AND CUF



Evaluation Report

September 2018

Authors: Dr Katharine M. Wells & Heather Black

Acknowledgements

Summer 2018 Feast of Fun was the product of 5 years of growth and development of the programme across Middlesbrough and Redcar & Cleveland. We would like to thank the hundreds of staff and volunteers whose time, energy and passion made Feast of Fun possible. Without you we would not be able to provide support to hundreds of local children and families who struggle during the long summer holidays. We would also like to thank all the parents, children and volunteers who kindly took time to be interviewed, giving us valuable insights into the need for holiday provision and the difference it makes.

This year saw more businesses and organisations partner with Feast of Fun than ever before. We would especially like to thank Quorn Foods, the North York Moors National Park Centre at Danby, the Bowes Museum, MIMA, the National Literacy Trust, Kids Kabin, Middlesbrough College, Middlesbrough Environment City, and Northern Rail. Thanks also go to Middlesbrough Council Financial Inclusion Group, Meals and More and the Ballinger Charitable Trust, for the funding provided to support the programme. We are also indebted to the many churches and individuals who gave donations and organised fundraising activities to support Feast of Fun.

Feast of Fun 2018 Evaluation Report

Executive summary

Background

There have been growing concerns about childhood hunger during school holidays in the UK. Here in Middlesbrough and in Redcar & Cleveland the Feast of Fun programme aims to alleviate some of the challenges faced by local families during the school holidays. This report documents the evaluation of the Feast of Fun programme delivered by 23 groups across Middlesbrough and Redcar & Cleveland during the 2018 summer holidays.

The evaluation aimed to document the programme provided by Feast of Fun, to explore the challenges faced by local families during the summer holidays, and the benefits of participation in the Feast of Fun programme. A mixed methods approach was used, collecting quantitative and qualitative data from 23 groups and conducting interviews with 51 parents and grandparents, 42 children, and 33 volunteers. An inductive thematic analysis was conducted with the interview data.

The key findings of the evaluation are:

- There is a clear need for holiday provision in Middlesbrough and Redcar & Cleveland
- There are additional challenges, as well as childhood hunger, that families face during the school holidays
- There are significant benefits for children and the whole family from Feast of Fun activities
- The local nature of Feast of Fun holiday clubs are a key factor to their success
- The Feast of Fun programme represents excellent value for money
- There is potential for future growth of Feast of Fun

The challenges families face and the need for holiday provision

The evaluation shows that there is a need for holiday provision in Middlesbrough and Redcar & Cleveland. Parents, volunteers and group leaders all reported there was a real need for the provision offered by Feast of Fun and this was supported by the increase in the number of children and adults engaging with the 2018 programme compared to 2017. In 2018, 974 children and 415 adults took part in Feast of Fun, an increase of 22% from 2017.

The summer school holidays present families with many challenges. There is an increased financial burden due to feeding children that receive free school meals during term-time, the cost of finding activities to occupy the children, and for working parents, the cost of childcare. Parents and grandparents also reported that finding free or low-cost ways to occupy their children was a source of stress, and for many families they become isolated during the long summer holidays.

The benefits for children and families from Feast of Fun

The results suggest that there are many benefits from children and families' involvement with the Feast of Fun programme. Families found that Feast of Fun reduced the burden in household finances with the provision of healthy food, often for the whole family. The programme provided both children and parents with opportunities to get out of the house and spend time in a safe

environment, reducing the isolation experienced during the holidays. Volunteers also benefited from involvement with Feast of Fun, for older volunteers it helped to reduce loneliness and isolation.

The Feast of Fun programme provided children and families with new learning opportunities and experiences. This was largely facilitated by partnerships with local businesses and organisations that provided their support free to the programme. There were day trips to the North York Moors National Park Centre at Danby, the Bowes Museum and MIMA (Middlesbrough Institute of Modern Art). The National Literacy Trust provided free books for the children. The North East charity Kids Kabin led workshops in woodwork and pottery. Cooking experiences were provided by Quorn Foods and two local chefs, and the smoothie bike from Middlesbrough Environment City provided extra healthy fun and nutrition. The grant funding provided to groups also allowed them to bring in organisations to run workshops including drumming, dance, sports activities and animal experiences. All of these enrichment opportunities helped children from low-income families to enjoy activities they wouldn't otherwise be able to access.

The local nature of Feast of Fun holiday clubs

A key benefit of the Feast of Fun programme was that it is rooted in local communities, making it accessible for local families. The groups delivering the programme are embedded within the community and are made up of staff and volunteers from that community. This means that Feast of Fun is provided for the community, by the community. This local nature of the programme brings people together, strengthening local relationships, and with a shared sense of purpose, builds stronger more cohesive communities.

Value for money

The Feast of Fun programme represents extraordinary value for money. Together Middlesbrough and Cleveland spent £19,267 in grants to Feast of Fun groups and direct delivery costs, but the total value of the programme as delivered was estimated at £93,380. The added value came from staff and volunteer time from Feast of Fun groups, financial and in-kind donations raised by local groups, and partnerships between the Feast of Fun programme and local organisations and businesses. These costs of £93,380 do not include the staff time given by Together Middlesbrough & Cleveland in supporting and developing the Feast of Fun programme.

The potential for future growth of Feast of Fun

The majority of existing Feast of Fun groups reported that they hope to work with more families in the future. This growth in capacity will need to be both in terms of the numbers of children attending the clubs, and the number of sessions provided. The key limiting factor is that groups are run mainly by volunteers, further support with staffing and volunteers will be necessary. There is also clearly a need to increase in the number of Feast of Fun groups delivering the programme, particularly in areas where the levels of Free School Meals are very high. New churches, community groups and schools will need to be identified to grow provision. Currently Together Middlesbrough & Cleveland provide all the development support for Feast of Fun. If holiday provision is to grow, additional resources for staffing to provide this development and support for local groups will be required. It is important that as capacity in the programme grows, the local nature of Feast of Fun and its ethos is not lost, as this is a key strength of the programme.

Feast of Fun 2018 Evaluation Report

INTRODUCTION

There has been growing recognition that the school holidays present significant challenges for low income families reliant on Free School Meals (FSM). The summer holidays are particularly challenging with children at home for six weeks needing both meals and activities to keep them occupied, with no extra money in the budget.

An All Party Parliamentary Group (APPG) Report '*Hungry Holidays: A report on hunger amongst children during the school holidays*' was published in April 2017.¹ The report indicates that up to 3 million children nationally are at risk of going hungry in the school holidays, furthermore the negative impact on health and well-being, learning and family life are significant. *Hungry Holidays* is described as a hidden cost of poverty, a cost that is paid by children. A report published by Joseph Rowntree Foundation in December 2017 demonstrates that child poverty has increased by 30% since 2011/12, with significant impacts on health, family relationships, education and skills.²

The introduction of Universal Credit is forcing many more people to turn to foodbanks for support in feeding themselves and their families. Trussell Trust (the largest group of foodbank providers, which Middlesbrough and Redcar Area Foodbanks belong to) report an average rise of 17% in foodbank usage in areas where there has been full roll-out of Universal Credit. The report '*Early Warnings: Universal Credit and Foodbanks*'³ describes negative impacts on health, in particular mental health, housing, work, increased debt and breakdown in family relationships, all of which have a negative impact on children within affected families.

The Challenges Facing Local Families

The total number of children receiving Free School Meals (FSM) in Middlesbrough is 5,824 (September 2017 figures). This represents 27.6% of school age children across all wards, however in some schools FSM levels are over 50%, particularly in East Middlesbrough and the numbers in Special schools are also very high. (Appendix 1)

There are also schools in Redcar & Cleveland with high levels of FSM provision. In total 3,866 children were eligible for FSM (September 2017 figures) which represents 17.9% of children across all schools. Some primary schools have up to 50% of pupils eligible for FSM with schools in Grangetown and Southbank having the highest FSM levels. As in Middlesbrough, special schools in this area have particularly high FSM levels. (Appendix 2)

Growing numbers of Middlesbrough and Redcar & Cleveland children are affected by their families struggling with food insecurity.

Middlesbrough Foodbank provided emergency food parcels for 5,044 people during 2017, this includes 1,798 dependent children under 16 years. These figures represent an 11% increase compared to 2016. Redcar Area Foodbank did not see the same overall increase in the number of

¹ <https://feeding-britain.org/holiday-hunger-campaign/>

² <https://www.jrf.org.uk/report/uk-poverty-2017>

³ <https://www.trusselltrust.org/wp-content/uploads/sites/2/2017/04/Early-Warnings-Universal-Credit-and-Foodbanks.pdf>

emergency food parcels provided in 2017, however there was a 5% increase in the number of children who were supported by the foodbank during 2017. These figures demonstrate that growing numbers of Middlesbrough and Redcar & Cleveland children are affected by their families struggling with food insecurity.

The Benefits of Holiday Food and Activities Provision

The benefits of holiday food and activities provision are well documented as follows:^{4,5}

1. Socialising and activities for children
2. Financial relief for parents on very low incomes
3. Skill building for parents and pathways to future work
4. Improved physical and mental health, setting children up to excel in their studies after the holidays
5. Improved well-being in parents.

Each of these advantages improves children's quality of life, as well as their chances of growing up to become healthy, well-educated adults, while simultaneously increasing parents' confidence and adding to their skills base. In addition, it has been found that people volunteering with holiday provision also benefit, with volunteers reporting leadership opportunities, a sense of satisfaction, and an opportunity to be creative.⁵

The evaluation of Feast of Fun 2017 reflected the benefits identified above and more. The following additional impacts at local level were identified:

1. Vital food provision for low income families
2. Significant positive impact on mental health & well-being in families
3. Providing structure & routine for vulnerable children
4. Opportunities to signpost families to additional support
5. Building stronger more resilient communities

Existing Provision

Feast of Fun is a programme of support for low income families during the summer holidays, which has been running since summer 2014. The programme was started by Together Middlesbrough & Cleveland working with local churches in response to concern about the challenges faced by low income families in the summer holidays. From 2016 has included working in partnership with Public Health.⁶ Feast of Fun provides a safe place for children to learn and play together in their local community, with a healthy meal, enrichment activities and opportunities to participate in sports and games. Feast of Fun also provides children and families with day trips, providing experiences outside of their local communities, which they would not normally be able to enjoy.

This grass roots model has the capacity to provide community development opportunities as well as providing healthy food & activities during the school holidays. It is a partnership of schools, churches, community hubs, and local businesses, which is the model proposed in the APPG report.

⁴ <https://www.feedingbritain.org/Appeal/holiday-hunger-appeal>

⁵ <https://www.children-ne.org.uk/Handlers/Download.ashx?IDMF=fa070369-be6e-452c-9c7d-7c71bed13a0c>

⁶ <https://www.cuf.org.uk/news/fantastic-feast-of-fun-tmc>

Each local group offers a programme of activities and food for one or two weeks or 1-3 days per week across the summer holidays, depending on local capacity. A set of guidelines based on the national guidance '*Filling the Holiday Gap*'⁷ has been produced to ensure all venues have the necessary policies and procedures in place. Feast of Fun is promoted in local communities and schools, with schools signposting their most vulnerable families to attend. A full programme of activities is produced, which has enabled social workers and Early Help Hub staff to refer families into the programme.

In previous years all the groups met together to plan the summer programme and to share ideas. After summer 2017 it was agreed that the Feast of Fun programme had grown too large for this model to work well. Therefore in 2018 groups were arranged into clusters according to geography resulting in 4 clusters: Redcar & Cleveland, Middlesbrough East, Middlesbrough North and Central, and South Middlesbrough. Cluster groups met together from January 2018 to develop their holiday clubs, plan activities, and organise co-ordinated publicity and links with schools. During summer 2018 the programme operated in 16 venues across Middlesbrough, and 7 in Redcar and Cleveland and the programme aimed to work with 1,000 children and their families. For a full list of Feast of Fun clubs see Appendix 3.

Partnerships

Feast of Fun has developed partnerships with a variety of local organisations that provide in-kind support.

- Quorn Foods, Stokesley – free mince, sausages and burgers, free cooking sessions (limited to 6 in summer 2018), staff volunteer time
- North York Moors National Park – free transport and activity days at the Moors Centre, Danby (12 trips in summer 2018)
- The Bowes Museum, Barnard Castle – free transport and entry to the museum (3 trips in summer 2018)
- Middlesbrough Institute of Modern Art (Mima) – visits to Mima for local groups and families followed by lunch
- Stagecoach Buses – provided vouchers to enable families to travel all day for £5
- Northern Rail – Provided free transport for Feast of Fun groups for day trips.
- Faithfully Ageing Better (part of Ageing Better Middlesbrough) – older volunteers who share their time and skills to volunteer in the clubs
- Teesside University – advertise Feast of Fun and help with recruiting student volunteers
- National Literacy Trust – provided 300 books for children to keep and three literacy boxes containing books and activity packs for Feast of Fun groups to use.
- Kids Kabin – free woodwork and pottery workshops
- Middlesbrough Environment City – free use of the smoothie bike

We also partnered with a couple of local chefs who provided cooking experiences for Feast of Fun groups.

⁷ <http://www.fillingtheholidaygap.org>

The Holiday Provision Bill

The Holiday Provision Bill⁸ had its second reading in parliament on Friday 19th Jan 2018. The Bill did not receive full support, however the government has made a commitment *“to investigate the best way to ensure that the most disadvantaged children have access to activities and healthy meals in the school holidays. The research programme will include funding for a targeted pilot programme, that will allow the Government to consider if and how they should intervene in the long term. That programme of work will focus on the best and most cost-effective ways to address the issue, with an emphasis on securing the best possible value for money.”* A full account of the debate on Jan 19th is available⁹.



The proposed research programme will aim to support children’s education by:

- testing the effectiveness of interventions
- looking at take-up of provision
- identifying the costs involved
- considering whether there are particular areas where this kind of programme would be most effective

In late March 2018 the Government announced the initial phase of the pilot programme¹⁰. They allocated £2million towards this phase and envisioned providing funding to 8 organisations to conduct the initial research. They also announced that there would be more funding for pilot holiday provision in the Easter and Summer holidays 2019. This evaluation of Feast of Fun summer 2018 has been designed to provide evidence for any future funding applications. The evaluation will look at current holiday provision provided by Feast of Fun and how children and families benefit from the programme. It will also consider the cost-effectiveness of the model and how provision can be developed and sustained.

METHODOLOGY

To evaluate the Feast of Fun programme for summer 2018, each local group was asked to complete an evaluation form which included questions about beneficiaries, the food and activities provided, local partnerships, staff and volunteers, funding and resources (see Appendix 4). All 23 Feast of Fun groups completed the evaluation forms, providing information about their holiday club which was analysed quantitatively.

⁸ <https://publications.parliament.uk/pa/bills/cbill/2017-2019/0101/18101.pdf>

⁹ [http://hansard.parliament.uk/Commons/2018-01-19/debates/CD1F89D8-ACE1-4C2C-924C-D672E9E99B23/SchoolHolidays\(MealsAndActivities\)Bill](http://hansard.parliament.uk/Commons/2018-01-19/debates/CD1F89D8-ACE1-4C2C-924C-D672E9E99B23/SchoolHolidays(MealsAndActivities)Bill)

¹⁰ <https://www.gov.uk/government/news/boost-to-support-disadvantaged-families-during-the-holidays>

Informal interviews were conducted with parents/grandparents and children who took part in the programme, as well as volunteers. Each cluster was sampled according to the number of groups to ensure the results were representative of the whole Feast of Fun programme. Participants were asked open-ended questions according to an interview schedule (See Appendix 5). The interviews were audio-recorded except where background noise made recording impractical. In these situations, the participants answers were noted down by the interviewer.

In addition to interviewing parents/grandparents, children and volunteers involved with Feast of Fun holiday clubs, interviews were also conducted with those participating in a similar scheme in Redcar and Cleveland called The Lunchbox Project. The Lunchbox Project ran in two locations in Summer 2018; Redcar and Southbank, places where Feast of Fun does not currently run groups. Collecting data from these groups helped to gain a fuller picture of the provision of holiday activities and food across Redcar and Cleveland.

In total 116 interviews were conducted, 51 with parents or grandparents, 42 with children, and 33 with volunteers. Audio-recorded interviews were transcribed and the transcripts along with the written records of non-audio-recorded interviews were examined and an inductive thematic analysis conducted.

RESULTS

The results of both the evaluation forms completed by groups and the interviews with parents, children and volunteers can be broken down into the following themes:

- The need for Feast of Fun in Middlesbrough and Redcar and Cleveland
- The challenges faced by families during school holidays
- The benefit to families of involvement with Feast of Fun
- The local nature of Feast of Fun, which strengthens communities
- The cost effectiveness of the Feast of Fun programme
- Suggestions for improvement and development of Feast of Fun.

The need for holiday provision in Middlesbrough and Redcar and Cleveland

This summer 974 children and 415 adults came to Feast of Fun holiday clubs across 166 sessions, and in total 6,163 meals were provided, in addition to drinks and snacks.

Feast of Fun groups reported that amongst the families accessing the holiday clubs were very vulnerable families for whom the Feast of Fun programme was a lifeline. Group leaders reported that parents had been skipping meals themselves in order to be able to feed their children.

Having meals provided at the Feast of Fun holiday clubs for the whole family meant that the parents were able to eat and some of that pressure was relieved. One group told us of a mother who works night-shifts because she can't afford childcare for



her children. During the summer school holidays, she was not able to sleep due to needing to care for her children. Bringing her children to the Feast of Fun holiday club meant that she was finally able to get some sleep.

Both parents and volunteers spoke about the need for this kind of holiday provision in Middlesbrough and Redcar & Cleveland;

'I would not have had any food today if I had not come here.' Parent

'It's a really valuable thing for children – some don't get to go away' Volunteer 1

'Middlesbrough is desperate for it, because there is nothing.' Parent 10

'I didn't realise how much poverty...I mean children not getting fed during the holidays, that's just blown my socks off and I just think [Feast of Fun] is desperately needed. When you think of people in this day and age living like that it's just unbelievable' Volunteer 15

Challenges families face during school holidays

Feast of Fun groups, parents and volunteers described the challenges facing families during the summer school holidays. The main concern was the financial challenge, with many families struggling with the increased cost of having children at home during the holidays:

'I would not have had any food today if I had not come here.' Parent

'We're both, my husband and I, are on the minimum wage, so low income, so money really is our biggest obstacle at the minute.' Parent 5

The financial challenges faced by families during the school holidays focussed on three areas. Some families of children eligible for FSM struggled to find the money for the additional meals needed:

'We all struggle, we do, we all struggle for meals over the holidays.' Volunteer 8 (Has older children)

'There's no way where you can feed children at home for £10 a week which is the price of school dinners.' Parent/Volunteer 9

'Everything in Middlesbrough costs, it's not cheap. Lunch is a big one at the moment' Parent 10

Others found the cost of entertaining their children challenging:

'If you don't have the money to spend you can't take the kids out.' Parent 6

'I just think it's very expensive, there isn't enough things to do around here for the kids so it's good to get them into something instead of them being at home because it is very expensive to go on days out and stuff all the time.' Parent 4

'it's so hard to find cheap ways to keep your children entertained, where it's not putting you into more debt, you're not feeling guilty for not being able to pay a bill because you need to find money to entertain them.' Parent 3

'We struggle. We're not a very well-off family to be honest. Without the [Feast of Fun holiday club] we'd just be stuck at home most of the days.' Parent 14

There were also families with working parents for whom finding money to pay for childcare was problematic:

‘Because I work full time, it’s a lot and we don’t have family we can rely on really, so it ends up being really expensive to have them minded.’ Parent 3

It was also found that for a number of working parents, the solution to the cost of childcare was for the grandparents to care for the children. This led to the grandparents experiencing some of the same challenges as parents during the school holidays, the key concern being how to occupy the children. Parents and grandparents often reported finding it hard to keep the children amused:

‘You can only go to the park and do things so many times before they say’ we don’t want to do that.’
Parent 4

‘Well my daughter works full time and we have another...he has a sister and she’s 15 and the difference...you can’t please them both. I’m in between both you see, trying to please both of them.’
Grandparent 2

Another challenge that parents reported was experiencing bad behaviour from the children:

‘A lot of the kids get bored don’t they, and then they get naughty’ Parent 7

A lack of routine was also cited as a challenge for families. The school day provides structure and routine for both children and parents, and this is missed during the holidays;

‘There’s just no routine is there!? Like there’s the routine’s gone out the window and I can’t keep them stimulated because it’s a long holiday.’ Parent 9

Benefits for families of involvement with Feast of Fun

Food provision

Families benefitted in many ways from the Feast of Fun holiday provision. The most obvious way was that at every holiday club the children were fed, and at a significant number of holiday clubs the parents and siblings were invited to join in the meal as well. In total 6,163 meals were provided. Groups provided a variety of meals including breakfast, breakfast and lunch, lunch only, or an evening meal. (see Table 1). All groups provided snacks, usually fresh fruit.

Table 1. The number of meals provided across the Feast of Fun summer programme

Hot Breakfast	Cold Breakfast	Hot Lunch/Evening Meal	Cold Lunch/Evening Meal
221	473	2416	3053

Groups were asked to report the number of portions of fruit and vegetables provided to children. On average children were given 5 portions, made up of 1.3 portions from fruit juice, 1.9 portions from fruit, and 1.8 portions from vegetables and salad.

The children liked the food and had the opportunity to try foods that were new to them. These ‘new foods’ often included fresh fruit like strawberries and melon, but also included Quorn products;

'I think it was tasty and delicious!' Child 21

Parents really appreciated the provision of food, saying that they were impressed with the quality and generosity of the meals provided:

'They gave them a 2 course meal, it's something nice, I'm really happy with it.' Parent 6

'The food's absolutely delicious.' Parent 22

'I've been shocked at how generous that it's been. I expected that they would scrimp and save and may be have half a sandwich when we first came. But there's been food for the kids, food for the parents and still there's enough left over for us to take some home. I'm in shock with how generous they've been.' Parent 21



Parents said that they benefited in several ways from the provision of food. Not only did it help by taking away the need to provide that meal for the children themselves, but that it had additional benefits beyond that meal:

'Being fed at the Feast of Fun means there is less grazing when they're at home.' Parent 1

'The healthy eating; not only is it fantastic for the health of the kids but it encourages the parents to continue that healthy cooking & eating into the home.' Parent 21

Financial benefits

Groups, volunteers and parents all reported that the holiday clubs helped families financially. It helped them by providing food which reduced the burden on the household finances, and it helped by providing low cost activities and for the children:

'With me it's been a godsend because here they give children something to eat as well which saves money for the household.' Parent/volunteer 9

'I think it's good for people who have no money, where the families are struggling and can't afford...they come here and everything is free for the kids. I think it's a really good opportunity for some families' Parent 9

'People around here can't afford quite a bit of stuff especially if you've got a big family, and stuff like this [Feast of Fun], it helps us out a hell of a lot.' Parent 20

Activities and learning

Parents, volunteers and children all said that the holiday clubs were fun and provided a stimulating range of activities. The children had the opportunity to learn new skills at the holiday clubs including art and crafts, sewing, woodwork, pottery and music. Each club had a theme, which provided opportunities for the children to learn new things such as facts about animals, new words in different languages and discovering new countries and cultures.

'I like that it's always fun' Child 14

'It helps [the children]; they're not bored. They don't want to stay at home and be bored throughout the six week holidays' Parent 16

'They enjoy it and they're learning new things. There's always a tale to tell at the end of the day!'
Parent 14

'They're learning all sorts of different skills here what they wouldn't learn if they were just at home.'
Grandparent 3

Parents also reported that attending Feast of Fun holiday clubs had a positive effect on children's behaviour.

'It calms them down because it gives them something to do' Parent 7

'I've never known them to be this quiet! They're on their best behaviour aren't they!?' Parent 19

'Her attitude is different when she comes home [after Feast of Fun]...she's more relaxed when she comes home. It's made a huge difference.' Parent 18

The Feast of Fun holiday clubs also benefited children by boosting their confidence:

'Until you have experienced it you can't understand the benefit. Children benefit; you see how they grow in confidence over the weeks' Volunteer18

'Just to see that child grow from the first day, from really shy children on the first day that didn't want to get involved, to the third day, they're starting to smile...It's confidence building as well really.' Volunteer 4

Parents suggested that coming to the holiday clubs would help children go back to school in September, because friendships with other children at school had been maintained:

'Meeting up with friends from school makes going back to school in September easier.'
Grandparent 1



Physical activities

Children also benefited from Feast of Fun physically. All the holiday clubs provided the opportunity for physical exercise with 75% of sessions including some form of physical activity. Most clubs ran games, using a parachute for example, to get the children moving, and the majority of groups brought in activity instructors to provide specific physical workshops such as dance classes or football skills. The children enjoyed these opportunities with sports and other physical activities frequently being referred to as the best thing about Feast of Fun. Parents appreciated this aspect of Feast of Fun as well:

'They always want to go out so this is one of the good opportunities to see the kids get active.'
Parent/Volunteer 12

'We've learned how to play football, even though I already know how to play' Child 7

Support for parents and grandparents

Parents and grandparents talked about the difference that Feast of Fun made for them. Parents suggested that Feast of Fun helped them in terms of their employment during the holidays, by reducing the guilt they felt when they needed to work because they knew their children were having fun:

'It means there is no guilt when working.' Parent 1

Parents and grandparents also reported that having the children attend the holiday clubs helped to reduce the stress parents felt:

'It makes it easier not to stress out' Parent 8

'It relieves the stress of having to find something to do. I know there are days with things organised'
Parent 25

For groups where parents weren't required to stay with the children at the holiday club, parents said that Feast of Fun provided them with a much-needed break:

'It makes a huge difference...it gives me a break; just 10 minutes on my own is nice!' Parent 10

'I have time to do a lot of cleaning...it gives me a break' Parent 17



Parents also spoke about the summer holidays being a long time and said that Feast of Fun holiday clubs helped to break up the weeks. The holiday clubs also helped to break up the day for parents and children, relieving the pressure on parents to find things to occupy their children.

'It breaks the week up and not only that but they get to see their friends from school'
Parent 11

'It breaks the weeks up and the days up because like I said it does cost a lot of money to take the kids out over the holidays, because the holidays are far too long. It's just finding things to do with them all the time.' Parent 13

'It breaks the day down for kids' Parent 26

Socialising

Many parents and volunteers talked about the social aspect of Feast of Fun, reducing potential isolation during the school holidays for both parents and the children. For children, it was an opportunity see some of their school friends as well as make new friends and they reported that this was one of the best things about the holiday club:

'I love it because we always make new friends' Child 14

'I can make some friends and also that I can get some friends and make new friends along the way.'

Child 19

In several cases parents and grandparents said that their children didn't get to see their friends during the holidays because they didn't live nearby, or parents felt it wasn't safe for their children to visit their friends on their own due to busy roads.

'She gets to interact with other children other than her siblings. It gets her out a bit more doesn't it.'

Parent 18

'It's being around different kids as well because not all the kids live on our estate and I don't let them go off the front. So it's nice for them to interact with other kids.' Parent 4

'If they weren't here they wouldn't see their friends from school...because they don't really live near them' Parent 11

Parents also benefited from the opportunity to socialise. Some parents felt isolated and 'stuck in the house' during the holidays, and appreciated being able to talk to other adults:

'It saves us mums cracking up at home, which is important I think.' Volunteer 5

'I stay at home all alone when the child is to the school and my husband is to the office, so this is one of the good physical activity and also to know the people, and it's socialising and everything, it's nice here.' Parent/volunteer 12

'Parents can mingle with other parents they've not met before and make new friends, and that's a big help. There are a lot of people I know that haven't got many friends' Parent 20

New Opportunities

One of the greatest benefits to children and families attending Feast of Fun holiday clubs were the opportunities they were given that they would not have otherwise been able to experience.

'Feast of Fun is really beneficial, in smaller villages there are more deprived areas and families don't get out much. It gives them a meal and the same opportunities as other children' Parent 24

Feast of Fun were able to partner with The Moors National Park Centre at Danby to provide families with day trips to the countryside which included activities such as Geocaching and learning survival skills. In total 12 groups of up to 57 people visited the centre. Feast of Fun also partnered with The Bowes Museum to provide 3 trips for groups of families attending holiday clubs which enabled the families to take part in the Roald Dahl's BFG activities going on, and see the museum exhibitions and gardens. Some groups were also able to take their families to the Middlesbrough Institute of Modern Art (MIMA) where they were able to take part in arts and crafts activities, as well as view the exhibitions. A partnership with Northern Rail also enabled two holiday clubs to take families to the sea-side by train which provided children with new experiences:



'On Thursday, we were able to take a group of children to Saltburn thanks to free train tickets by the rail service. They were amazed and had a wonderful time building castles, eating a picnic and getting some ice-cream!' From a group leader

The programme was also able to provide cooking experiences for 9 holiday clubs through partnerships with Quorn Foods and two local chefs. These cooking activities allowed children to learn about healthy eating and try new foods in a fun environment. The children really enjoyed the cooking experiences and, in several cases, tried the recipes at home as well.

'It's good for the kids to do healthy food and all. My kids are like 'Mam, can we do this that we've done at [Feast of Fun]? And it helps us, they're showing us how they want to eat.'

Parent 20

Many of the children had never left the town, nor seen the beach or travelled by train before!



Through a partnership with the National Literacy Trust and Meals & More, 300 books were given to children to take home, providing them with the opportunity to develop their literacy skills further over the school holidays. In many cases families were not in a position to buy their children books to read, so the provision of books for the children to keep was an example of Feast of Fun providing the children with the same opportunities as other children.

'The children had great fun choosing one book after a busy session and really appreciated having something to take home to read and enjoy. Parents were very appreciative and interested in their children's choice. Children who weren't at the first session were so pleased we had kept some for when they attended the next day.' From a group leader

With the funding provided to Feast of Fun holiday clubs, groups paid for activity instructors to come to the club and run workshops. They weren't limited to physical activity instructors, some groups brought in instructors that did arts and crafts such as pottery, others brought in Zoo Lab; an organisation that provides sessions that allow children to meet, experience and learn about animals such as snakes, tarantulas and lizards. These enriching activities provided valuable opportunities for children to experience things that they may not have been able to experience otherwise.

Strengthening family and community relationships

Many of the Feast of Fun clubs provided activities for the whole family, or parents were invited to join the meal at the end of the session. Both parents and volunteers reported that the Feast of Fun clubs had provided the opportunity for parents to spend quality time with their children.

'It helps the families because it's giving you family-time' Volunteer 11

'It's keeping them all together as a family group isn't it?!' Parent 20

'It's got the families together, because its brought them all together, there's parent's here, even dads. I mean that is brilliant, to see a family together. I think it's marvellous to bring the family together and enjoy it and have some nice food.' Volunteer 15

Parents also really appreciated that Feast of Fun holiday clubs were local to them meaning that they didn't need to pay for bus travel:

'It makes a difference that it is local.' Grandparent 1

'This is local and its meeting the needs of the community, it's nice.' Volunteer 5

'It's amazing because... it's hard to find something that's on the doorstep, you're not having to think of bus fares there and back.' Parent 5

Not only did parents value the local nature of the holiday clubs, they really liked that Feast of Fun was provided by the local community, for the local community. The volunteers and leaders running the holiday clubs came from the local community and this meant that Feast of Fun was seen as a way of bringing local communities together and having a family atmosphere. Feast of Fun brings people from different backgrounds together and enables them to feel part of a community. This reflects the core values that underpin Feast of Fun, and is due to the way local volunteers welcomed families and cared for them.



'[Feast of Fun clubs] are such wonderful projects because it gives the children and parents things to do, it provides food, it brings communities together, it brings people together, and it's not just done by one church or one organisation, there are several involved and it's just lovely to be part of that.' Volunteer 10

'Its like a big family community because everyone's so friendly' Volunteer 11

'It's lovely that the community actually comes together like this' Grandparent 3

'It's been brilliant. The staff are very approachable and friendly and very warm and welcoming and you feel at ease, they make you feel at ease straight away.' Parent 22

'[Feast of Fun is] breaking down the barriers and talking about religion and health and other issues that affect children, mums and the community...It's a nice local environment to come to as well.' Volunteer 5

'Not only does [Feast of Fun] feed them, it builds community' Volunteer 22

Inclusive and accessible, age appropriate activities

Parents appreciated that Feast of Fun holiday clubs were age appropriate and suitable for children of different ages, keeping siblings happy because it was fun for all of them. Parents reported that it was hard to find activities that were suitable for all siblings, and this was something they particularly appreciated about Feast of Fun.

'I know it's something fun for them and it's age appropriate as well' Parent 3

'There are a variety of ages, I have a 3yr old and a 12yr old and the club caters to both.' Parent 2

Feast of Fun clubs are not designed specifically for children with special needs, but wherever possible staff and volunteers were able to include siblings in the activities. Parents appreciated that the children were able to enjoy the holiday clubs along with their brothers and sisters.

'Accessibility is a problem. It can be difficult to find something [like Feast of Fun] that is appropriate for both children in a secure environment.' Parent 1

'Kids need stimulation don't they, especially as he's being tested for Autism, so I have to keep him busy and things like this does occupy him.' Parent 10



Feast of Fun was also seen as being a very inclusive environment, welcoming people from different backgrounds, ethnicities, and faiths. This mix of people was seen as beneficial to both parents and children because it allowed them to learn from each other:

'It's bringing people together from different diversities, cultures, beliefs, they are bringing people together.'
Parent 6

'It's a good initiative to help children engage and learn about different cultures and religions and meet other people and share food together really. It's breaking down barriers' Volunteer/Parent 4

'It's nice to get the different people together because we can learn from them and they can learn a little bit from us as well. It works both ways I think'
Volunteer 15

A safe and supportive environment

Parents and volunteers reported that one of the things that they liked about Feast of Fun was that it provided a safe and supportive environment where parents knew that their children would be looked after.

'When I come here there's a lot of support and the kids can come and I know they're going to be looked after whether I'm there or not.' Parent 14

'You can actually take your kids somewhere for two hours and know that they are safe.' Volunteer 11

'It gives parents reassurance as the children are safely occupied' Grandparent 4

The safe environment created by Feast of Fun provided the opportunity for both children and parents to *'get out of the house'* (Parent 2). Children and their parents spoke about the boredom of being stuck at home that was relieved by attending a Feast of Fun holiday club.

'They get bored very quickly. And then when they're stuck in and they're bored all they want to do is eat.' Parent 10

'Here it gets me out of the house, it gets me off my phone, it saves money and it gets me interacting more.' Parent/volunteer 9

'It gets them out doesn't it? It gets them out of the house.' Parent 13

Feast of Fun Volunteers

The volunteers helping with the Feast of Fun holiday clubs came from the local communities, either as members of the local church or community group. Some volunteers were recruited from Teesside University and others via Faithfully Ageing Better (part of the Ageing Better Middlesbrough programme). The 214 volunteers, of whom 109 were over 50, were essential to the success of the programme. It was found that they volunteered for a variety of reasons including an awareness of the need for the holiday clubs in their community, volunteer's sense of loneliness and isolation, the faith of the volunteer, and simply enjoying working with children and families.

'It gets me out of the house...when you live on your own it's quite lonely' Volunteer 3

'I've found it really rewarding to just give up a bit of time to hang out with [the children] and give them something fun to do over the summer really, so I guess I'm doing it because I enjoy it myself, and I hope they enjoy it too.' Volunteer 13

'I'm here for the children, because the children need this.' Volunteer 14

'It's a really valuable thing for children – some don't get to go away'
Volunteer 1

'I feel like God will be happy with me in a sense.' Volunteer 5

Volunteers said that it was not just the families that benefitted from involvement with the Feast of Fun programme. Volunteers reported getting great satisfaction from the smiles of children enjoying the holiday clubs, and for older volunteers that working with the children and families made them feel young again. Some volunteers also suggested that helping at Feast of Fun holiday clubs would help them look for work because it gave them experience of working with children.



'Sorry, you can't see the great big grin! It's just super to see the children working together, perhaps doing things they haven't done before, just thoroughly enjoying themselves.' Volunteer 10

'I've really enjoyed it, I love working with the children, it's been super. And I like doing crafts and things so it's lovely for me as well.' Volunteer 15

Funding

Each group running a Feast of Fun holiday club applied to Together Middlesbrough and Cleveland for a grant. Groups could apply for money to cover the cost of food, materials and resources, volunteer travel expenses, venue hire, publicity and promotion, the cost of bringing in activity instructors, and they could also apply for a contribution of up to £100 towards a trip or celebration event (in addition to the free trips to the Moors National Park Centre at Danby and the Bowes Museum). Grants were issued according to the number of children and sessions each group provided. Staff time could not be paid for with the Feast of Fun grants so groups that had paid staff had to fund their time from their own funding. In total Together Middlesbrough and Cleveland gave grants to the 23 Feast of Fun groups of £18,317.

‘Every pound which is given in funding finishes up doing the activity of two to three pounds and if the people who are handing out the funding could actually see all of the things that are happening, there is so much going on, such a range of activities, the days out, children having a chance to meet lots of other children and to worship. It’s all carefully supervised, it’s very inclusive, it’s promoting all the good things that make us human.’ Volunteer 10

Groups were encouraged to find their own sources of additional funding and to approach local business for in kind donations. Groups were very successful in this and found additional funding from a variety of sources that totalled a value of £23,849. (See table 2) In the case of food donated to groups, leaders were asked to put a value on the food donated, the figure shown in table 2 is likely to be an underestimate.

In total, Feast of Fun groups spent on average £5.12 per child, per session (excluding staff and volunteer time). Volunteers and group leaders felt that this represented very good value for money.

‘Every pound which is given in funding to Feast of Fun finishes up doing the activity of two to three pounds.’ Volunteer 10

Table 2: Value of donations and other funding sourced by Feast of Fun groups.

Funding towards	Value (£)
Staff costs (where groups had paid leaders calculated @£10/hour)	16,370
Venue hire (where the venue was provided free of charge calculated @£10/hour)	3,365
Food (cost of donated food e.g. supermarkets)	346
Additional funding e.g. grants and local fundraising activities	3,768
Total	23,849

In addition to the funding and in-kind donations given to individual groups, donations were made directly to Together Middlesbrough and Cleveland due to our charitable status. Quorn Foods donated food products valued at £500, as well as cooking experiences to a value of £2,724. The donation of books from the National Literacy Trust and Meals & More came to a value of £3,150.

The trips to the Moors National Park Centre, Bowes Museum and MIMA provided for families are valued at £6,590, and the value of the free rail travel donated by Northern rail is £362. In total the Feast of Fun programme attracted £37,175 in donations both in money and in-kind support.

The Feast of Fun programme could not run without the 214 volunteers who gave 3,453 hours of their time to enabling the holiday clubs to run (this accounts for the time spent with children and families at holiday clubs and does not include time on planning and preparation). Calculated at the real living wage rate this contribution of volunteer time is worth £37,144. In total the value of the programme delivered was £93,380, at a cost to Together Middlesbrough and Cleveland of £19,267. (See Table 3)

Table 3: Total value of Feast of Fun	
Source of Funding	Value (£)
Feast of Fun grants awarded to groups	18,317
Donations and other funding raised by Groups (see table 2)	23,849
Value of volunteer time (at Real Living Wage)	37,144
Other costs paid directly by Together Middlesbrough and Cleveland	744
Quorn cooking experiences	2,724
Quorn Food products	500
Books	3,150
Trips to Moors National Park Centre at Danby	4,140
Trips to the Bowes Museum	2,244
Visits to MIMA	206
Value of Train travel provided by Northern Rail	362
Total value of programme delivered	93,380

Suggestions for improvements and development of Feast of Fun

Parents and volunteers made some suggestions for the improvement and development of the Feast of Fun programme. It was suggested that there should be Feast of Fun holiday clubs in every community because the need is so great. It was also suggested that parents would like the clubs to run for more days through the summer holidays, and perhaps other holidays as well. Paying volunteers for their time was an idea that people felt would help make this possible, suggesting that increasing the number of paid staff at the clubs would increase capacity.

'It's a shame it's just for 2 weeks, I'd like it to be the whole six weeks but I know it's not feasible.'
Volunteer 5

'Some children just look forward to [Feast of Fun] once a year in their area, but it would be really good for Christmas time as well, if we could do it at Christmas or even a couple of times a year.'
Volunteer 4



Volunteers also reported that they wanted to be able to cater for more families in the future, with around half of groups stating on the evaluation forms that next year they hope to have more children involved.

'I think there should be more funding for things like this in the holidays, and more funding so we can cater for more children.' Parent/Volunteer 9

Volunteers and group leaders acknowledged that there were two problems preventing their groups increasing capacity, available funding and finding more volunteers. These barriers will need to be overcome if capacity within groups is to grow.

It was evident from talking to parents that some groups had publicised the Feast of Fun groups well through schools and had worked with School Liaison officers well to ensure that the

most vulnerable families were able to access the Feast of Fun provision. However, in some areas this had not happened so well, with parents relying on word of mouth to find out about the holiday clubs. For the successful development of Feast of Fun, groups and schools will need to work closely together to ensure that the most vulnerable families are supported to access Feast of Fun holiday clubs.

DISCUSSION

The results of this evaluation suggest there is a need in both Middlesbrough and Redcar & Cleveland for holiday provision of the kind offered by Feast of Fun. Parents and volunteers reported the challenges experienced by local families during the summer holidays, and the continued increase in families accessing the Feast of Fun programme demonstrates the growth in demand for holiday provision. The data from Middlesbrough and Redcar Area Foodbanks confirms a growth in food insecurity amongst local families, which reflects the national picture of growing food insecurity as reported by the Joseph Rowntree Foundation.¹¹

Within the report families explain the many challenges they face during the school summer holidays. These challenges are not just limited to food insecurity, but also the cost and stress of trying to think of suitable activities to occupy the children. The results also show that the summer holidays are challenging for working parents, with the cost of childcare being prohibitive. The finding that local families face an increased financial burden during school holidays, putting a strain on family life, and

¹¹ <https://www.jrf.org.uk/report/uk-poverty-2017>

the impact that Feast of Fun holiday clubs can have in significantly reducing this pressure is supported by the national findings of the APPG.¹²

The findings of this evaluation clearly show the benefits of involvement in the Feast of Fun, not just for the children, as the whole family benefits from a child's involvement. Feast of Fun reduces the stress that parents and grandparents feel from trying to feed the children on tight budgets, and also in finding low cost or free ways to entertain their children. Not only does the programme reduce pressure on family relationships, it can strengthen them by providing opportunities for parents and children to spend quality time together. This is particularly important for low income families as it has been found that they are particularly vulnerable to stressed relationships, both between parents and children, and also between parents.¹²



This evaluation also found that both children and parents benefit from the social interaction available at Feast of Fun holiday clubs, reducing some of the isolation and loneliness experienced by vulnerable families.¹² This result is similar to the findings of an evaluation of another holiday provision programme; 'A Day out, Not a Handout'.¹³ Volunteers also found that involvement with Feast of Fun helped them feel less lonely and isolated, and they got pleasure from volunteering. The finding that volunteers get satisfaction from volunteering supports the results of the evaluation of the 'A Day Out, Not a Handout' programme¹³, however reducing loneliness and isolation in volunteers is a finding specific to Feast of Fun. This is likely to reflect the partnership with Faithfully Ageing Better. There were 109 older volunteers involved in Feast of Fun many of whom lived alone.

A key benefit from involvement with the Feast of Fun programme was that children were offered

opportunities often denied children from low-income families. Not only were they given opportunities to learn, but they were also given new experiences, especially through the trips and outings. By giving children attending Feast of Fun holiday clubs these opportunities, the children will be on a more equal footing with children from more affluent families when they return to school in September. This goes beyond the results of the APPG report, which found that holiday provision provided children with learning opportunities.¹²

This evaluation found that one of the keys to Feast of Fun's success is the local nature of the programme. Feast of Fun holiday clubs are run by groups embedded within local communities and are made up of local staff and volunteers who are part of the community. The programme doesn't just help individual families, it brings communities together and strengthens them. This aspect of Feast of Fun, combined with the inclusive nature of the programme, means that local relationships are strengthened, and community cohesion improves.

¹² <https://www.feedingbritain.org/Appeal/holiday-hunger-appeal>

¹³ <https://www.children-ne.org.uk/Handlers/Download.ashx?IDMF=fa070369-be6e-452c-9c7d-7c71bed13a0c>

Analysis of the funding suggests that the Feast of Fun programme is extraordinarily good value for money. Groups raised funds and donations in-kind that added considerable value to the grants provided by Together Middlesbrough and Cleveland. In addition, the charity status of Together Middlesbrough and Cleveland meant that Feast of Fun attracted over £13,000 worth of in-kind donations (see Table 3). The Feast of Fun programme being delivered by local charities, churches and community groups was key to its success in providing value for money.

The results suggest that if the Feast of Fun programme is to support more children and families, capacity will need to grow within Feast of Fun holiday clubs, both in terms of the number of children that can attend, and the number of sessions provided. This could be challenging due to the reliance of groups on volunteers. Nevertheless, the majority of existing groups reported that they hope to work with more families in the future suggesting a desire for the groups to grow in capacity. There is also clearly a need to increase in the number of Feast of Fun groups delivering the programme, particularly in areas where the levels of Free School Meals are very high. It is important that as capacity is grown, the local nature of Feast of Fun and its ethos is not lost as this is a key strength of the programme.

For the past five years Feast of Fun has been developed and supported by staff working for Together Middlesbrough & Cleveland. For summer 2018, there was an additional part-time member of staff dedicated to the development and delivery of Feast of Fun for 15 hours a week over 6 months. If Holiday Provision is going to grow across Middlesbrough and Redcar & Cleveland, then additional staffing to provide development and support for local groups will be required.

CONCLUSION

There is need for holiday provision of food and activities in Middlesbrough and Redcar & Cleveland because local families experience difficulty meeting the increased financial and childcare burdens of the school holidays. Feast of Fun alleviates these challenges, providing children and families with meals, entertainment, opportunities to socialise, as well as to learn and experience new things whilst spending quality time together. Feast of Fun benefits whole families and communities, not just the children who attend the holiday clubs. Involvement with Feast of Fun also has benefits for the volunteers, providing satisfaction and reducing loneliness and isolation. The programme provides very good value for money due to its charitable nature attracting donations. There is a desire to grow Feast of Fun provision, however to do this capacity within individual groups needs to be grown, as does capacity across the programme.

Key findings:

- There is a clear need for holiday provision in Middlesbrough and Redcar & Cleveland
- There are many challenges that families face during the school holidays
- There are many benefits for children and the whole family of involvement with Feast of Fun
- The significance of the local nature of Feast of Fun holiday clubs
- The Feast of Fun programme represents excellent value for money
- There is potential for future growth of Feast of Fun

Appendix 1: Free School Meals Data Middlesbrough September 2017

Primary Schools	DfE no	No on roll Autumn 2017	No eligible for FSM	FSM %
Thorntree Primary	2333	331	207	62.5%
Caldicotes Academy	2102	200	104	52.0%
Brambles Academy	2005	273	140	51.3%
Beech Grove Primary	2120	397	200	50.4%
North Ormesby Academy	2143	211	106	50.2%
Archibald Primary	2325	408	200	49.0%
Newport Primary	2124	277	133	48.0%
Park End Primary	2332	469	210	44.8%
Berwick Hills Primary	2326	297	129	43.4%
Corpus Christi RC Academy	3384	232	100	43.1%
Pallister Park Primary	2331	493	207	42.0%
St Pius X RC Primary School	3390	189	75	39.7%
Viewley Hill Academy	2369	215	82	38.1%
St Alphonsus' RC Academy	3386	194	68	35.1%
St Thomas More RC Academy	3348	187	64	34.2%
Newham Bridge Primary	2138	267	91	34.1%
Easterside Academy	2318	279	95	34.1%
Abingdon Primary	2000	415	136	32.8%
Ayresome Primary	2001	598	182	30.4%
Pennyman Academy	2006	373	112	30.0%
Hemlington Hall Academy	2007	317	93	29.3%

St Gerard's RC Academy	3364	160	46	28.8%
Whinney Banks Primary	2002	415	118	28.4%
Sunnyside Academy	2316	325	85	26.2%
Sacred Heart RC Academy	3385	280	72	25.7%
Breckon Hill Primary	2141	483	115	23.8%
Linthorpe Primary	2003	596	139	23.3%
St Joseph's RC Academy	3340	299	61	20.4%
Rosewood Academy	2359	339	41	12.1%
Marton Manor Primary	2180	202	23	11.4%
Kader Academy	2111	398	35	8.8%
Green Lane Academy	2347	630	55	8.7%
The Avenue Primary	2167	243	21	8.6%
St Edward's RC Academy	3337	366	27	7.4%
St Augustine's RC Academy	3389	208	13	6.3%
Acklam Whin Primary	2139	425	19	4.5%
Captain Cook Primary	2370	403	18	4.5%
St Clare's RC Academy	3347	210	8	3.8%
St Bernadette's RC Academy	3362	209	7	3.3%
Lingfield Primary	2175	209	4	1.9%
Chandlers Ridge Academy	2313	312	4	1.3%
Totals		13334	3645	27.30%

Secondary Schools	DfE no	No on roll Autumn 2017	No eligible for FSM	FSM %
Unity City Academy	6905	665	310	46.6%
Outwood Academy Ormesby	4122	744	324	43.5%
Outwood Academy Acklam	4002	1067	334	31.3%
Acklam Grange School	4136	1438	341	23.7%
Trinity Catholic College	4702	1173	277	23.6%
The Kings Academy	6906	1031	198	19.2%
Macmillan Academy	6907	1204	163	13.5%
Totals		7322	1947	26.6%

Special schools	DfE no	No on roll Autumn 2017	No eligible for FSM	FSM %
Hollis Academy	7001	79	53	67.1%
Holmwood School	7005	85	47	55.3%
Priory Woods School	7000	151	81	53.6%
Beverley School	7003	114	51	44.7%
Totals		429	232	54.1%

Appendix 2: Free School Meals Data Redcar and Cleveland September 2017

School Name	DfE Number	NOR Sept 2017	FSM Eligible on Census Day	% FSM
Grangetown Primary School	8072349	290	145	50.0%
South Bank Community Primary	8073394	216	95	44.0%
Caedmon Primary School	8073389	303	130	42.9%
Green Gates Primary School	8072218	210	86	41.0%
Dormanstown Primary Academy	8072001	261	103	39.5%
Lingdale Primary School	8072016	98	29	29.6%
Whitecliffe Academy	8072356	132	39	29.5%
St Margaret Clitherow's	8073393	304	89	29.3%
Wilton Primary School	8072233	67	19	28.4%
Overfields Primary School	8072330	200	55	27.5%
St Marys Primary	8073300	200	55	27.5%
Lakes Primary School	8072338	305	83	27.2%
Hummersea Primary School	8072311	292	79	27.1%
Bankfields Primary School	8072207	311	80	25.7%
St. Peter's C.E. (Vc) Primary	8073007	342	80	23.4%
Whale Hill Primary School	8072336	581	135	23.2%
Handale Primary	8073397	251	57	22.7%
St. Gabriel's R.C. Primary	8073387	236	52	22.0%
Zetland Primary School	8072224	232	50	21.6%
Chaloner Primary School	8073396	266	55	20.7%
Riverdale Primary School	8072340	213	41	19.2%
Skelton Primary	8073388	578	104	18.0%
Coatham C.E. Primary School	8073005	218	39	17.9%
Ormesby Primary School	8072329	374	64	17.1%

Newcomen Primary School	8072339	376	52	13.8%
Highcliffe Primary School	8072000	416	54	13.0%
Teesville Primary School	8072196	351	44	12.5%
Errington Primary School	8072357	244	30	12.3%
New Marske Primary School	8072368	284	34	12.0%
Lockwood Primary School	8072018	205	20	9.8%
St Joseph's Primary Catholic Voluntary Academy	8073308	170	16	9.4%
St. Benedict's Catholic Va	8073395	432	37	8.6%
Saltburn Primary School	8072366	441	37	8.4%
John E. Batty Primary School	8072223	200	16	8.0%
Badger Hill Academy	8072315	225	18	8.0%
Ings Farm Primary School	8072229	464	36	7.8%
Normanby Primary School	8072352	580	38	6.6%
St. Bede`S Primary Catholic Voluntary Academy	8073307	232	15	6.5%
Belmont Primary	8072365	351	21	6.0%
Westgarth Primary	8072082	354	21	5.9%
Nunthorpe Primary Academy	8072166	243	14	5.8%
Wheatlands Primary	8072361	444	19	4.3%
St Paulinus R.C.	8073309	235	4	1.7%
Galley Hill Prim. School	8072088	251	2	0.8%
All Schools	Grand Total	12978	2292	17.7%

Secondary School Name	Dfe Number	Nor Sept 2017	Fsm Eligible On Census Day	% Fsm
Hillsview Academy	8074003	663	219	33.0%
St Peter's Catholic Voluntary Academy	8074638	547	170	31.1%
Outwood Academy Redcar	8074010	483	147	30.4%

Freebrough Academy	8076905	776	160	20.6%
Rye Hills Academy	8074008	893	151	16.9%
Huntcliff School	8074007	531	70	13.2%
Laurence Jackson	8074005	1212	155	12.8%
Nunthorpe Academy	8074121	1618	180	11.1%
Sacred Heart Secondary Catholic Voluntary Academy	8074639	746	77	10.3%
Outwood Academy Bydales	8074004	754	77	10.2%
All Schools	Grand Total	8223	1406	17%

Special School Name	Dfe Number	Nor Sept 2017	Fsm Eligible On Census Day	% Fsm
Pathways Special School	8077031	59	37	62.7%
Kts Academy	8077030	157	67	42.7%
Kirkleatham Hall School	8077008	153	57	37.3%
All Schools	Grand Total	369	161	44%

Pupil Referral Unit	Dfe Number	Nor Sept 2017	Fsm Eligible On Census Day	% Fsm
Archway	8071100	21	7	33.3%

Appendix 3: List of Groups Participating in Feast of Fun Summer 2018

	Feast of Fun group	Location
Middlesbrough	Breckon Hill Community Centre	Breckon Hill
	Caldicotes Primary School	Thorntree
	Coulby Newham Baptist Church	Coulby Newham
	Easterside Hub	Easterside
	Grovehill Hub	Grovehill
	Middlesbrough Community Church	Central Middlesbrough
	Newport Hub	Newport
	St Barnabas Church	Ayresome
	St Mary's RC Cathedral	Coulby Newham
	St Timothy's Church	Hemlington
	Starz Kids	Easterside
	The Church of the Ascension	Berwick Hills
	The Genesis Project	Grovehill
	Thorntree United	Thorntree
	Trinity Family Friendly Centre	Whinney Banks
Trinity Youth and Childrens Project	North Ormesby	
Redcar & Cleveland	Blaze	Grangetown
	Cleveland Ironstone Mining Museum	Carlin How
	Guisborough Bridge	Guisborough
	Hope 4 East Cleveland	Skelton
	Hope 4 East Cleveland	Loftus
	Hope 4 East Cleveland	Brotton
	St Hilda's Youth Project	Liverton Mines

Appendix 4: Feast of Fun Evaluation Form Summer 2018

Feast of Fun Evaluation 2018

Thank you to everyone who has taken part in Feast of Fun 2018, providing fun & food for local children & families during the summer holidays. We want to collect some information about how the programme has made a difference this year, and so ask that you take some time to fill in the form & return it to kate.wells@togethermc.org as soon as possible after your programme of activities has finished.

Project Details

1. Name of church/organisation

2. Name of summer project

3. Dates and times of project

Beneficiaries

4. How many people attended each session? Please add rows to the table if necessary.

Children	Adults	
Date of Session	No. Children	No. Adults

5. How many individuals attended over the whole of the programme? (Please count the total number of children & adults on your register only once, not every time they attended). For example if your club had 40 children at each session, but across all the sessions there were 50 different children because some didn't attend every session, you would record 50 children.

Children Adults

6. How many of these children/parents were new to your project?

7. What do you think were the key benefits for the children and families who took part?

8. Please provide a brief case study or quote(s) from a child or family who benefitted from the project, where you know it made a real difference.

Staff/volunteers

9. How many staff/volunteers helped with the project in total?

Paid staff

Volunteers

10. How many of your volunteers were aged 50 and over?

11. Where did the volunteers come from?

Volunteers from:	Total number
Church(es)	
Local community	
Parents/grandparents	
University/college	
Faithfully Ageing Better	

Partnerships

12. Did you work with any other groups or organisations e.g. Quorn, North York Moors, sports staff? Please provide details & how this added value to the club/activities

13. How important was it to work with other groups in a cluster as part of Feast of Fun? What were the key benefits?

Food

14. How many meals did you provide in total over the course of the programme?

Breakfasts		Lunches/Evening meals	
Hot	Cold	Hot	Cold

15. How many portions of fruit juice/fruit/vegetables/salad did each child have each day?

Fruit juice

Fruit

Vegetables/Salad

16. Please give an example of a typical meal served at your holiday club.

17. Were you able to secure other sources of free/low-cost food? e.g. breakfast cereals, burgers/hotdogs Please give details.

Activities

18. On how many days did the children take part in physical activities eg. Dancing, sports, active games?

19. What kind of physical activities did you have as part of Feast of Fun?

20. Please tell us about anyone you brought in to lead a physical activity workshop.

21. Please list all the opportunities children at your Feast of Fun had to learn new skills, have new experiences, and access learning resources (e.g. a cooking workshop, learning about different countries, a circus skills workshop)

Funding and resources

Please can you complete the table below to report on how you spent the grant you received.

(If you need a copy of the budget you submitted please get in touch). If you have an underspend that's fine, please let us know & we can discuss how you might like to use it for future activities.

Total Grant Received	
Costs	
Materials and resources	
Volunteer expenses	
Publicity and promotion	
Contribution to use of venue	
Food @£2 per head	
Trips	
Instructors (Arts/Sports)	
Total	

22. Did you use additional funding e.g. existing funds, other grant funds, local fundraising e.g. for trips? If so how much additional funding did you use? (We would like to understand the full cost of all the activities you provided).

Looking ahead

We will begin planning for 2019 from Sept/Oct 2018 and will be submitting funding applications, it would help with future planning if you could answer the following questions.

23. Would you like to be part of Feast of Fun 2019?

24. How many children/families to you plan to work with? e.g. the same/more/less

25. Do you have any comments or suggestions that would help to develop Feast of Fun 2018.

Thank you for completing this evaluation, which will provide evidence as we seek for funding for 2019.

Appendix 5: Interview schedule

Feast of Fun 2018 Interview Questions

Parents:

- How did you find out about the Feast of Fun holiday club?
 - What challenges do you as a family face during the summer holidays?
 - What difference does Feast of Fun make for;
 - You as a parent?
 - Your children?
- (prompts: entertaining the children, feeding the family, etc.)
- We will be taking the findings from this summer to funders to ask for funding for Feast of Fun next year. If you had the chance to talk to a funder, what would you like to say to them?

Children:

- What do you like best about coming to Feast of Fun?
- Did you like the food? Have you tried anything new or different?
- What activities have you enjoyed? Have you learned anything new?
- What would you be doing if you weren't here?
- We will be taking the findings from this summer to funders to ask for funding for Feast of Fun next year. If you had the chance to talk to a funder, what would you like to say to them?

Volunteers:

- Why are you helping at Feast of Fun?
- How do you think Feast of Fun helps families?
- What do you get out of helping?
- We will be taking the findings from this summer to funders to ask for funding for Feast of Fun next year. If you had the chance to talk to a funder, what would you like to say to them?