## HELLO! We are your local church...

Church name:	
Name of church #ViralKindness coordinator:	
Telephone number of church #ViralKindness coordinator:	

Are you <u>self-isolating</u> due to COVID-19? we can help with:

- Spicking up shopping Sposting mail
- So a friendly phone call So urgent supplies

Are you able to leave home, and <u>have</u> some free time to offer?

Could you help out your community?

(e.g. with some of the tasks mentioned here)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance).

Wash your hands regularly. Items should

be left on your doorstep.

#LoveYourNeighbour #ViralKindness supported by



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## #LoveYourNeighbour #ViralKindness

<u>What is this?</u> #ViralKindness is a global movement of care, kindness and mutual support between neighbours, in the midst of the Coronavirus/COVID-19 pandemic.

<u>Who's it for?</u> We all need to look out for each other — but we want to prioritise those who are particularly isolated and vulnerable at this time. Please respect that — and the fact that we all have our limits!

<u>Can I join in?</u> We would love as many of our community as possible to join us in offering care, kindness and support to those who live near you. Please get in touch with us if you are able to help!

<u>Who's behind it?</u> It's not 'led' or 'organised' by anyone—these postcards are being used across the world. Locally it's being promoted by Together Liverpool as part of our Network of Kindness initiative. Together Liverpool aims to equip Churches, Communities and Charities to bring hope, resources and support to their neighbours, so they can make a bigger difference in their communities. We want to encourage neighbourly relationships of trust, friendship and support in our communities. This is not a 'scheme' that we are 'running' or 'overseeing'. However, if you have any concerns about this scheme contact us on naomi.maynard@togetherliverpool.org.uk

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